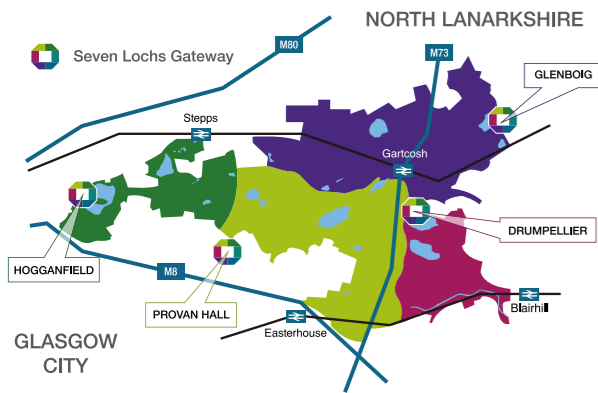


## Where to find us



The Seven Lochs Wetland Park is easily accessible from central Scotland's road and rail network. Visitor gateways at Hogganfield Park, Provan Hall, Drumpellier Country Park and Glenboig Life Centre offer information about the park, and host a range of heritage activities.



Find out more: [www.sevenlochs.org](http://www.sevenlochs.org)

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## Seven Lochs Trail

The Seven Lochs Wetland Park is Scotland's largest heritage and nature park – with a wealth of wild places worth visiting. Seven beautiful lochs, five local nature reserves, a country park and miles of paths make the park a great place to escape the stresses of city life.



The Seven Lochs Trail is a great way to explore the Park. This 10km signposted trail links Drumpellier Country Park on the edge of Coatbridge to Hogganfield Park in Glasgow. The trail uses well surfaced paths as well as short stretches along quiet roads and is suitable for walking and cycling.

The trail takes in lochside paths and woodland walks through local nature reserves. Along the route you get great views across the Seven Lochs Wetland Park to the Campsie Fells, and you can visit the fantastic medieval building of Provan Hall.



As well as the park's amazing wildlife, look out for carved stonework, sculptured benches and nature play spaces created with help from local schoolchildren.



## What to look out for

As you follow the trail you'll go through ancient woodlands, peatlands and wildflower meadows. The path passes small ponds, old hedgerows, reed beds and lochs. This variety of different habitats makes the Seven Lochs Wetland Park a great place for nature.



In winter and early spring the lochs are home to waterbirds like whooper swan and goldeneye duck. These birds fly to Scotland to escape harsh winter weather in their breeding grounds in the arctic.

In spring frogs, toads and newts seek out ponds and ditches to spawn. Birds like swallows and willow warblers arriving to nest have travelled much further - thousands of kilometres from Africa.

In the warmth of summer as the hedgerows and meadows bloom, look for bees and butterflies sipping nectar from wildflowers, and dragonflies zooming over ponds hunting smaller insects.

As the days shorten and the bright red and yellow of autumn colours the trees, look out for roe deer in woodland glades and buzzards soaring above the trees.

## Getting there

Hogganfield Park is on Cumbernauld Rd, Glasgow, G33 1AH. The nearest train station is Stepps which is a 40 minute walk / 15 minute cycle to the Park. Local buses stop at the Park entrance.

Drumpellier Country Park Visitor Centre is on Townhead Rd, Coatbridge, ML5 1RX. It is a 25 minute walk / 10 minute cycle from Blairhill train station. The nearest bus stop is outside the Visitor Centre.

For more information visit [www.travelinescotland.com](http://www.travelinescotland.com)



**Seven Lochs Trail**



Palmate Newt

Cardowan's ponds come alive with frogs and newts in spring, while in summer the air above the water is filled with fast flying dragonflies and dancing damselflies.

Dense reed beds around Bishop Loch are a great hiding place for nesting birds. Listen for warbling songbirds or the pig-like squeal of a water rail.



Water Rail

The peace and beauty of Bishop Loch was once enjoyed by the Bishops of Glasgow who built their medieval palace at the lochside.

The wetland wilderness of Commonhead Moss is home to special bog-loving plants like the carnivorous sundew and fluffy bog cotton grass.



Bog cotton grass

An Iron Age crannog – a house built over water with a bridge linking it to the shore – was the inspiration for a fantastic play area on the edge of Lochend. Evidence of human activity here goes back over 10,000 years.

Whooper swan - with their bright yellow beak and honking call - fly 1000km from Iceland to spend the winter at Hogganfield Loch.



Whooper swan

At over 500 years old, Provan Hall – possibly the oldest building in Glasgow – has many tales to tell about the area.



- Seven lochs trail
- Other trails
- Historical site
- Wildlife and nature
- Sculptures
- Natural play area
- Parking
- Toilets
- Cafe
- Play area